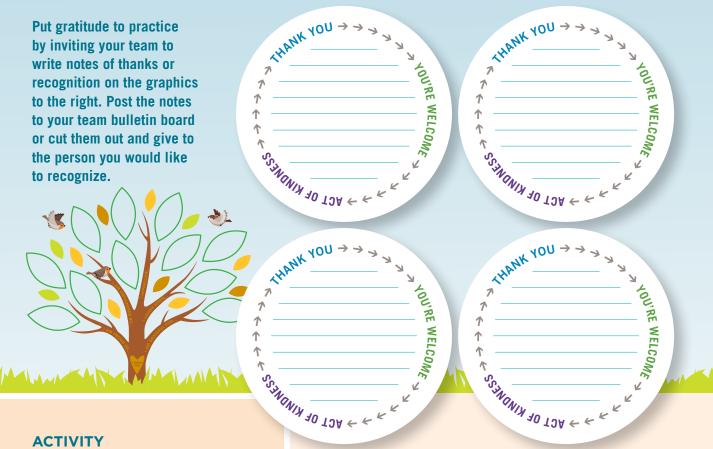
The Power of Gratitude



When we feel appreciated, we can take on the toughest challenges on the job. Expressing thanks for our teammates' great work helps foster connection, strengthens relationships and increases everyone's willingness to go the extra mile for our members and patients.



ACTIVITY

- » Start or end team meetings or daily huddles with gratitude and thanks.
- » Use the Praise Badge function on MS Teams to recognize a peer.

BONUS ACTIVITY

You can also spread gratitude all year long by starting a Gratitude Tree in your department. Download this Gratitude Tree via HRconnect.

SMARTIE Goal: Organize a **Gratitude for the Attitude**

team activity in November. Urge team members to place teammates' names in a Gratitude Box each week, with messages expressing for their outstanding work. Read at least three messages from the Gratitude Box at team meetings or huddles. Make the activity **inclusive** by promoting it during AM and PM shifts. Make it equitable by promoting the challenge with other teams, so that all great attitudes are recognized.

Thank you to the Inpatient Pharmacy UBT at Kaiser Permanente Moreno Valley Medical Center for providing this great SMARTIE goal.



