



Lifelong Learning Checklist

At Kaiser Permanente, we all have opportunities to learn new skills and grow our careers.

Be a lifelong learner.

Learning can include going back to school for a degree. It's also about learning in shorter bursts — workshops, seminars and certificates.

It's building technical skills. And it's human skills such as communication, problem-solving and resilience to keep up with changing times.



Here are resources to help you on your journey.

ALL EMPLOYEES:

- » [Plan your career](#)
- » [Explore career paths and use tuition reimbursement](#)
- » [Find assessments, make development plans and take KP Learn courses](#)
- » [Search job openings](#)







PARTNERSHIP UNION MEMBERS:

- Use education trusts for career coaching, degree programs, skill enhancement and more
- » [Ben Hudnall Memorial Trust](#)
 - » [SEIU UHW-West & Joint Employer Education Fund](#)
 - » [SEIU Healthcare 1199NW Multi-Employer Training Fund](#)

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Now chart your own course.

Fill in this checklist to guide yourself through any stage.

STAGE	FOCUS	ACTIONS
 <p>SELF-ASSESSMENT Assess your skills, values and interests.</p>	<p>What are my needs?</p>	
 <p>EXPLORATION Explore career paths.</p>	<p>What are my options?</p>	
 <p>GOAL SETTING Have a plan.</p>	<p>What's my target?</p>	
 <p>EDUCATION AND TRAINING Use your educational benefits.</p>	<p>Do I need training?</p>	
 <p>JOB SEARCH Search job openings and prepare.</p>	<p>How do I get the job?</p>	
 <p>CAREER MANAGEMENT Keep learning.</p>	<p>Where am I headed?</p>	